

TIMELINE

On this timeline place some important moments in your life, spiritual moments, moments where people said something that helped you work out who you are; moments that have defined you – possibly positive or negative.

You can go back as far as you want or just examine the past few years. The object of this exercise is to reflect and consider how God might have been guiding or forming you through your life through the ups and downs.

A vertical timeline graphic consisting of a central vertical line with eight circular markers, each connected to a horizontal line extending to the right. The markers are solid green circles, and the lines are dark green. The horizontal lines are of equal length and are positioned to the right of the vertical line, creating a series of eight empty boxes for writing.